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KEY=GUIDE - KANE DEMARCUS

Kettlebell for Men

Russian athletes won 426 medals in six Summer Olympic appearances. Over 76 percent of all wrestling medals won between 1969 and 1996 went to USSR and Russia. Want to know how? The answer is simple - uncompromising strength training using a very basic piece of equipment. Do you want to beat the results of Russian bodybuilders while also burning more than 400 calories in 20 minutes? Do you want to bulk up in all the right places, get that six-pack you've always dreamed of, maximize your strength and your stamina? You can accomplish all of those by spending just \$32 on a single item. The mighty kettlebell! Kettlebells are often described as a handheld gym for a very good reason - they're so versatile that you can train nearly every part of the body with them. Not only that, kettlebell exercises are multiplanar. To put that in simple terms, you'll engage numerous muscles at the same time to get that mind-blowing full-body shredding and muscle building routine. A kettlebell isn't a dumbbell and it most definitely isn't a barbell. Unlike these two, it's versatile, it can be used to tone every imaginable muscle and a workout with this basic, somewhat rough-looking piece of equipment will be so tough that you'll feel the pump for hours after you're done. Do you want to: ● Do Schwarzenegger-level bodybuilding ● Maximize your functional strength ● Work out anywhere, anytime... yes, even in your tiny room ● Strengthen your core and get those sexy toned abs ● Improve your balance ● Improve your posture ● Gain the confidence that all men with lean physique enjoy? If so, you need to head to the nearest sports store and buy a kettlebell right now. Once you have your "handheld gym," you'll simply have to master your form and technique to make the most of this relatively easy to use exercise option.

Smarter Workouts

The Science of Exercise Made Simple

Human Kinetics What are the biggest obstacles to sticking to a workout plan? You don't have enough time? It costs too much? You don't have enough equipment? You don't know how to get the results you want? Now you can set those excuses aside. Smarter Workouts: The Science of Exercise Made Simple gives you the solution you need with efficient and effective workout programs that use only one piece of equipment. You can work out in a short period of time without spending a lot of money on expensive equipment or gym memberships—all while targeting your personal goals. Exercise doesn't have to be difficult to figure out. In Smarter Workouts, fitness expert Pete McCall explains the effects of exercise on your body so you can identify what will work best for you. He gives you access to fat-burning workouts that help you work smarter to produce real results. First, choose your target: improving mobility for better balance and coordination, strengthening your core for better functional movement, or amping up your metabolism with sweat-inducing conditioning work. Then select one of seven equipment options to perform your workout: Bodyweight Dumbbell Kettlebell Medicine ball Stability ball Sandbag Resistance band Armed with a variety of exercises and organized plans, you'll flow quickly through your workouts, saving precious time and experiencing real results. Put an end to your frustration and let Smarter Workouts be your go-to guide for smart, effective workouts. CE exam available! For certified professionals, a companion continuing education exam can be

completed after reading this book. The Smarter Workouts Online CE Exam may be purchased separately or as part of Smarter Workouts With CE Exam, a package that includes both the book and the exam.

Challenges to Tackling Antimicrobial Resistance Economic and Policy Responses

Economic and Policy Responses

OECD Publishing **Antimicrobial resistance (AMR) is a biological mechanism whereby a microorganism evolves over time to develop the ability to become resistant to antimicrobial therapies such as antibiotics. The drivers of and potential solutions to AMR are complex, often spanning multiple sectors. The internationally recognized response to AMR advocates for a 'One Health' approach, which requires policies to be developed and implemented across human, animal, and environmental health.**

Arthrogryposis

A Text Atlas

Cambridge University Press **The term arthrogryposis describes a range of congenital contractures that lead to childhood deformities. It encompasses a number of syndromes and sporadic deformities that are rare individually but collectively are not uncommon. Yet, the existing medical literature on arthrogryposis is sparse and often confusing. The aim of this book is to provide individuals affected with arthrogryposis, their families, and health care professionals with a helpful guide to better understand the condition and its therapy. With this goal in mind, the editors have taken great care to ensure that the presentation of complex clinical information is at once scientifically accurate, patient oriented, and accessible to readers without a medical background. The book is authored primarily by members of the medical staff of the Arthrogryposis Clinic at Children's Hospital and Medical Center in Seattle, Washington, one of the leading teams in the management of the condition, and will be an invaluable resource for both health care professionals and families of affected individuals.**

The New Encyclopedia of Modern Bodybuilding

The Bible of Bodybuilding, Fully Updated and Revis

Simon and Schuster **From elite bodybuilding competitors to gymnasts, from golfers to fitness gurus, anyone who works out with weights must own this book -- a book that only Arnold Schwarzenegger could write, a book that has earned its reputation as "the bible of bodybuilding." Inside, Arnold covers the very latest advances in both weight training and bodybuilding competition, with new sections on diet and nutrition, sports psychology, the treatment and prevention of injuries, and methods of training, each illustrated with detailed photos of some of bodybuilding's newest stars. Plus, all the features that have made this book a classic are here: Arnold's tried-and-true tips for sculpting, strengthening, and defining each and every muscle to create the ultimate buff physique The most effective methods of strength training to stilt your needs, whether you're an amateur athlete or a pro bodybuilder preparing for a competition Comprehensive information on health, nutrition, and dietary supplements to help you build muscle, lose fat, and maintain optimum energy Expert advice on the prevention and treatment of sports-related injuries Strategies and tactics for competitive bodybuilders from selecting poses to handling publicity The fascinating history and growth of bodybuilding as a sport, with a photographic "Bodybuilding Hall of Fame" And, of course, Arnold's individual brand of inspiration and motivation throughout Covering every level of expertise and experience, The New Encyclopedia of Modern Bodybuilding will help you achieve your personal best. With his unique perspective as a seven-time winner of the Mr. Olympia title and all international film star, Arnold shares his secrets to dedication, training, and commitment, and shows you how to take control of your body and realize your own potential for greatness.**

Paper Towns

A&C Black Quentin Jacobson has spent a lifetime loving Margo Roth Spiegelman from afar. So when she cracks open a window and climbs into his life - dressed like a ninja and summoning him for an ingenious campaign of revenge - he follows. After their all-nighter ends, Q arrives at school to discover that Margo has disappeared.

A Guide to Infection Control in the Hospital

PMPH-USA Infections, especially those occurring postoperatively, remain a major problem in hospitals. This handy pocket-sized manual provides guidelines and protocols for preventing infections, and managing them if they occur. It covers various types of infection, and is suitable for members of infection control teams.

The Men's Health Big Book of Exercises

Four Weeks to a Leaner, Stronger, More Muscular YOU!

Rodale Revised edition includes 100 new exercises! The Men's Health Big Book of Exercises is the essential workout guide for anyone who wants a better body. As the most comprehensive collection of exercises ever created, this book is a body-shaping power tool for both beginners and long-time lifters alike. This book contains hundreds of useful tips, the latest findings in exercise science, and cutting-edge workouts from the world's top trainers. Backed by the authority of Men's Health magazine, this updated and revised edition features 100 new fat-loss exercises in 20 workouts designed by BJ Gaddour, Fitness Director of Men's Health, and 1,350 photographs, showing movements for every muscle and a training plan to match every fitness goal.

Consolidated Guidelines on the Use of Antiretroviral Drugs for Treating and Preventing HIV Infection

Recommendations for a Public Health Approach

These guidelines provide guidance on the diagnosis of human immunodeficiency virus (HIV) infection, the use of antiretroviral (ARV) drugs for treating and preventing HIV infection and the care of people living with HIV. They are structured along the continuum of HIV testing, prevention, treatment and care. This edition updates the 2013 consolidated guidelines on the use of antiretroviral drugs following an extensive review of evidence and consultations in mid-2015, shared at the end of 2015, and now published in full in 2016. It is being published in a changing global context for HIV and for health more broadly.

The Vignelli Canon

Lars Muller Publishers The famous Italian designer Massimo Vignelli allows us a glimpse of his understanding of good design in this book, its rules and criteria. He uses numerous examples to convey applications in practice - from product design via signaletics and graphic design to Corporate Design. By doing this he is making an important manual available to young designers that in its clarity both in terms of subject matter and visually is entirely committed to Vignelli's modern design.

The Visible Hand

The Managerial Revolution in American Business

Harvard University Press Examines the processes of production and distribution in the U.S. and the ways in which their management has become increasingly systematized

The Writer's Guide to Prepositions

The One and Only Prepositionary

Beaconsfield, Quebec : C.N. Prieur and E.C. Speyer

Cover Letter Magic

Trade Secrets of Professional Resumé Writers

Jist Works Professional resume and cover letter writers reveal their inside secrets for creating phenomenal cover letters that get attention and land interviews. Features more than 150 sample cover letters written for all types of job seekers, including the Before-and-After transformations that can make boring letters fabulous.

Epistemologies of the South

Justice Against Epistemicide

Routledge This book explores the concept of 'cognitive injustice': the failure to recognise the different ways of knowing by which people across the globe run their lives and provide meaning to their existence. Boaventura de Sousa Santos shows why global social justice is not possible without global cognitive justice. Santos argues that Western domination has profoundly marginalised knowledge and wisdom that had been in existence in the global South. She contends that today it is imperative to recover and valorize the epistemological diversity of the world. *Epistemologies of the South* outlines a new kind of bottom-up cosmopolitanism, in which conviviality, solidarity and life triumph against the logic of market-ridden greed and individualism.

Modest_Witness@Second_Millennium. FemaleMan_Meets_OncoMouse

Feminism and Technoscience

Routledge One of the founders of the posthumanities, Donna J. Haraway is professor in the History of Consciousness program at the University of California, Santa Cruz. Author of many books and widely read essays, including the now-classic essay "The Cyborg Manifesto," she received the J.D. Bernal Prize in 2000, a lifetime achievement award from the Society for Social Studies in Science. Thyra Nicholas Goodeve is a professor of Art History at the School of Visual Arts.

Addict

I. E. Clark Publications

For Whom the Bell Tolls

Turtleback Books **An American learns the true value of life while fighting with a guerilla band during the Spanish Civil War.**

The ICU Book

Lippincott Williams & Wilkins **This best-selling resource provides a general overview and basic information for all adult intensive care units. The material is presented in a brief and quick-access format which allows for topic and exam review. It provides enough detailed and specific information to address most all questions and problems that arise in the ICU. Emphasis on fundamental principles in the text should prove useful for patient care outside the ICU as well. New chapters in this edition include hyperthermia and hypothermia syndromes; infection control in the ICU; and severe airflow obstruction. Sections have been reorganized and consolidated when appropriate to reinforce concepts.**

Archaeology in Practice

A Student Guide to Archaeological Analyses

John Wiley & Sons **Archaeology in Practice: A Student Guide to Archaeological Analyses offers students in archaeology laboratory courses a detailed and invaluable how-to manual of archaeological methods and provides insight into the breadth of modern archaeology. Written by specialists of material analyses, whose expertise represents a broad geographic range. Includes numerous examples of applications of archaeological techniques. Organized by material types, such as animal bones, ceramics, stone artifacts, and documentary sources, or by themes, such as dating, ethics, and report writing. Written accessibly and amply referenced to provide readers with a guide to further resources on techniques and their applications. Enlivened by a range of boxed case studies throughout the main text.**

No Logo

Taking Aim at the Brand Bullies

Macmillan **An analysis of the invasion of our personal lives by logo-promoting, powerful corporations combines muckraking journalism with contemporary memoir to discuss current consumer culture.**

Point-of-care testing

Principles and Clinical Applications

Springer **The underlying technology and the range of test parameters available are evolving rapidly. The primary advantage of POCT is the convenience of performing the test close to the patient and the speed at which test results can be obtained, compared to sending a sample to a laboratory and waiting for results to be returned. Thus, a series of clinical applications are possible that can shorten the time for clinical decision-making about additional testing or therapy, as delays are no longer caused by preparation of clinical**

samples, transport, and central laboratory analysis. Tests in a POC format can now be found for many medical disciplines including endocrinology/diabetes, cardiology, nephrology, critical care, fertility, hematology/coagulation, infectious disease and microbiology, and general health screening. Point-of-care testing (POCT) enables health care personnel to perform clinical laboratory testing near the patient. The idea of conventional and POCT laboratory services presiding within a hospital seems contradictory; yet, they are, in fact, complementary: together POCT and central laboratory are important for the optimal functioning of diagnostic processes. They complement each other, provided that a dedicated POCT coordination integrates the quality assurance of POCT into the overall quality management system of the central laboratory. The motivation of the third edition of the POCT book from Lupp/Junker, which is now also available in English, is to explore and describe clinically relevant analytical techniques, organizational concepts for application and future perspectives of POCT. From descriptions of the opportunities that POCT can provide to the limitations that clinician's must be cautioned about, this book provides an overview of the many aspects that challenge those who choose to implement POCT. Technologies, clinical applications, networking issues and quality regulations are described as well as a survey of future technologies that are on the future horizon. The editors have spent considerable efforts to update the book in general and to highlight the latest developments, e.g., novel POCT applications of nucleic acid testing for the rapid identification of infectious agents. Of particular note is also that a cross-country comparison of POCT quality rules is being described by a team of international experts in this field.

5/3/1

The Simplest and Most Effective Training System to Increase Raw Strength

The success of the 5/3/1 Method has been nothing short of extraordinary. For the past year, the response towards this simple but brutally effective training system has been overwhelming. This is because it works. And works for just about anyone willing to put in the discipline and work that getting stronger requires. Elite level lifters to absolute beginners have all used the 5/3/1 Method; the basic tenets of strength training have and will never change. Big exercises, constant progress, and personal records will never go out of style. High school and college coaches are now using the 5/3/1 with their athletes with amazing success; it is easy to track, implement and will inspire any team to push for themselves to the limit. Powerlifters use this program, for both raw meets and geared meets.

Developing Power

Human Kinetics Authored by the National Strength and Conditioning Association, *Developing Power* is the definitive resource for developing athletic power. With exercises and drills, assessments, analysis, and programming, this book will elevate power and performance in all sports.

The Body Fat Breakthrough

Tap the Muscle-Building Power of Negative Training and Lose Up to 30 Pounds in 30 Days!

Rodale Turn on fat-burning hormones with a special 1-day-per-week workout system and a controlled-calorie eating plan. Anyone who desperately wants to lose 10 to 50 or more pounds but just can't find the time to exercise three, four, five times a week is going to love *The Body-Fat Breakthrough*. It requires just one, 20-minute resistance training workout a week using negative (or eccentric) training, the little-known weightlifting technique used by bodybuilders to trigger fast muscle growth and burn more fat. Legendary fitness researcher Ellington Darden, PhD, put 115 overweight men and women on this workout program and achieved remarkable results, which are illustrated in the book through 20 inspiring before and after photographs. Many test subjects lost significant weight while gaining muscle. Some lost 30, 40, even more than 50 pounds in as many days and transformed their bodies and their health. Negative training is just one of 10 "FAT BOMBS" demonstrated in the book. These action steps combine to produce fast body

transformations. Other FAT BOMBS include: A unique meal plan in which the bulk of calories come from carbohydrates (50% carbs; 25% protein; 25% fat), offering readers an appealing new way to lose weight without sacrifice Drinking a gallon of cold water a day to stay full and hydrated, and to boost calorie burn through thermogenesis Evening after-dinner walks to accelerate body heat, triggering increased fat loss

Human Genome Editing

Science, Ethics, and Governance

National Academies Press Genome editing is a powerful new tool for making precise alterations to an organism's genetic material. Recent scientific advances have made genome editing more efficient, precise, and flexible than ever before. These advances have spurred an explosion of interest from around the globe in the possible ways in which genome editing can improve human health. The speed at which these technologies are being developed and applied has led many policymakers and stakeholders to express concern about whether appropriate systems are in place to govern these technologies and how and when the public should be engaged in these decisions. Human Genome Editing considers important questions about the human application of genome editing including: balancing potential benefits with unintended risks, governing the use of genome editing, incorporating societal values into clinical applications and policy decisions, and respecting the inevitable differences across nations and cultures that will shape how and whether to use these new technologies. This report proposes criteria for heritable germline editing, provides conclusions on the crucial need for public education and engagement, and presents 7 general principles for the governance of human genome editing.

Decision Making in a World of Comparative Effectiveness Research

A Practical Guide

Springer In the past decade there has been a worldwide evolution in evidence-based medicine that focuses on real-world Comparative Effectiveness Research (CER) to compare the effects of one medical treatment versus another in real world settings. While most of this burgeoning literature has focused on research findings, data and methods, Howard Birnbaum and Paul Greenberg (both of Analysis Group) have edited a book that provides a practical guide to decision making using the results of analysis and interpretation of CER. *Decision Making in a World of Comparative Effectiveness* contains chapters by senior industry executives, key opinion leaders, accomplished researchers, and leading attorneys involved in resolving disputes in the life sciences industry. The book is aimed at 'users' and 'decision makers' involved in the life sciences industry rather than those doing the actual research. This book appeals to those who commission CER within the life sciences industry (pharmaceutical, biologic, and device manufacturers), government (both public and private payers), as well as decision makers of all levels, both in the US and globally.

Teaching Children to Care

Classroom Management for Ethical and Academic Growth, K-8

Northeast Foundation for Ch "Ruth Charney gives teachers help on things that really matter. She wants children to learn how to care for themselves, their fellow students, their environment, and their work. Her book is loaded with practical wisdom. Using Charney's positive approach to classroom management will make the whole school day go better." - Nel Noddings, Professor Emeritus, Stanford University, and author of *Caring* This definitive work about classroom management will show teachers how to turn their vision of respectful, friendly, academically rigorous classrooms into reality. The new edition includes: More information on teaching middle-school students Additional strategies for helping children with challenging behavior Updated stories and examples from real classrooms. "Teaching Children to Care offers educators a practical guide to one of the most effective social and emotional learning programs I know of. The Responsive Classroom approach creates an ideal environment for learning—a pioneering program every teacher should know

about." - Daniel Goleman, Author of Emotional Intelligence "I spent one whole summer reading Teaching Children to Care. It was like a rebirth for me. This book helped direct my professional development. After reading it, I had a path to follow. I now look forward to rereading this book each August to refresh and reinforce my ability to effectively manage a social curriculum in my classroom." - Gail Zimmerman, second-grade teacher, Jackson Mann Elementary School, Boston, MA

Phonics from A to Z

A Practical Guide

Scholastic Inc. Provides an explanation of phonics, a method of reading instruction that focuses on the relationship between sounds and their spellings, and features over one hundred activities for the classroom, as well as sample lessons, word lists, and teaching strategies.

Uncle Tom's Cabin

Cosimo, Inc. It is the best known book about American slavery, and was so incendiary upon its first publication in 1852 that it actually ignited the social flames that led to Civil War less than a decade later. What began as a series of sketches for the Cincinnati abolitionist newspaper The National Era scandalized the North, was banned in the South, and ultimately became the bestselling novel of the 19th century. Today, controversy over this melodramatic tale of the dignified slave Tom, the brutal plantation owner Simon Legree, and Stowe's other vividly drawn characters continues, as modern scholars debate the work's newly appreciated feminist undertones and others decry it as the source of enduring stereotypes about African Americans. As one of the most influential books in U.S. history, it deserves to be read by all students of literature and of the American story. American abolitionist and author HARRIET BEECHER STOWE (1811-1896) was born in Connecticut, daughter of a Congregationalist minister and sister to abolitionist theologian Henry Ward Beecher. She wrote more than two dozen books, both fiction and nonfiction.

Dreams Are Reality

Reprogram Your Subconscious And Obtain Your Dreams

BalboaPress Dreams Are Reality is a riveting story about a woman's journey through her subconscious in order to reprogram negative beliefs that emanated in early childhood. Watch Vanaja unravel the secrets of the universe as she explores the psyche at both a subconscious and conscious level in real time! The secret is revealed with effective neuroscience and spiritual techniques so any person can achieve inner peace and any dream he desires. Dreams Are Reality awakens people to the wonderful transformations occurring in 2012 which will bring our planet back to its utopian roots. Financial independence, health reform, and a new educational paradigm will be the new way of life. Dreams Are Reality is a page turner that has the audience clamoring for more. For the first time in the history of mankind, the truth is uncovered right in front of your eyes!

Chaudhari Devi Lal, a Political Biography

Devi Lal, 1914-2001, former chief minister of Haryana, India.

Handbook for Health Care Research

Jones & Bartlett Learning "Handbook for Health Care Research, Second Edition, provides step-by-step guidelines for conducting and analyzing research, teaching students and practitioners how to implement research protocols and evaluate the results even if they lack experience or formal training in the research process. Features include easy reference of basic research procedures and definitions as well as information on how to determine the proper test to use and how to format information for computer entry. Statistical

procedures and published findings are illustrated with real-world examples from health care practice in this user-friendly resource. Readers will also learn the research basics necessary to understand scientific articles in medical journals and discover how to write abstracts that will pass peer review. *Handbook for Health Care Research, Second Edition*, is an excellent tool to help students and practitioners become "educated consumers" of research and apply the principles of scientific analysis to provide a sound basis for patient care." --Book Jacket.

The Business and Law of Fashion and Retail

ESL Intermediate/Advanced Grammar

Grammar Intermediate & Advanced

Research & Education Assoc. A study guide to English grammar that contains explanations, simple examples, and ample exercises to practice and learn with an answer key at the back of the book.

Ethics in Psychology and the Mental Health Professions

Standards and Cases

Oxford University Press Most mental health professionals and behavioral scientists enter the field with a strong desire to help others, but clinical practice and research endeavors often involve decision-making in the context of ethical ambiguity. Good intentions are important, but unfortunately, they do not always protect the practitioner and client from breaches in ethical conduct. Academics, researchers, and students also face a range of ethical challenges from the classroom to the laboratory. Now in a new expanded edition, *Ethics in Psychology and the Mental Health Professions*, the most widely read and cited ethics textbook in psychology, has emerged with a broadened scope extending across the mental health and behavioral science fields. The revised volume considers many of the ethical questions and dilemmas that mental health professionals encounter in their everyday practice, research, and teaching. The book has been completely updated and is now also relevant for counselors, marriage and family therapists, social workers, and psychiatrists, and includes the ethics codes of those groups as appendices. Providing both a critical assessment and elucidation of key topics in the APA's guidelines, this comprehensive volume takes a practical approach to ethics and offers constructive means for both preventing problems, recognizing, approaching, and resolving ethical predicaments. Written in a highly readable and accessible style, this new edition retains the key features which have contributed to its popularity, including hundreds of case studies that provide illustrative guidance on a wide variety of topics, including fee setting, advertising for clients, research ethics, sexual attraction, how to confront observed unethical conduct in others, and confidentiality, among others. *Ethics in Psychology and the Mental Health Professions* will be important reading for practitioners and students-in training. An instructors manual is available for professors on <http://www.oup.com/us/companion.websites/9780195149111>

The Marcys

Successful businessman Anthony Johnson has a secret past, a past he has suppressed for many years. However, the past has a way of catching up despite his attempt at burying it in a successful career. Inexplicably, he has the urge to visit the Marcy Projects, the housing development where he grew up in Brooklyn, NY. Unfortunately, and unexpectedly, Anthony's past is about to catch up to him. While driving from his home in Connecticut to the Marcys, Anthony reminisces about growing up in the ghetto. He remembers the good times-and the bad. What he doesn't remember is his dark secret. Like a magnet, he's drawn to the Marcys. Something in the back of his mind tells him to turn around and go home. Ignoring his conscience, Anthony arrives at his destination and what he learns disturbs him. What will he do now when the long-buried memories of the past come to the light of day?

Legal English

How to Understand and Master the Language of Law

Prentice Hall 'Legal English' will enable students to confidently write on and discuss legal topics as well as conduct legal work - such as drafting legal documentation, negotiating, litigating, advising, presenting, writing and acting as an advocate.

Archaeology, Anthropology, and Interstellar Communication

National Aeronautics & Space Admin Are we alone? asks the writeup on the back cover of the dust jacket. The contributors to this collection raise questions that may have been overlooked by physical scientists about the ease of establishing meaningful communication with an extraterrestrial intelligence. By drawing on issues at the core of contemporary archaeology and anthropology, we can be much better prepared for contact with an extraterrestrial civilization, should that day ever come. NASA SP-2013-4413.

The Science Book

Big Ideas Simply Explained

Dorling Kindersley Ltd Did the Universe start with a Big Bang? Is light a wave, a particle - or both? Are we the cause of global warming? Science has made it possible to comprehend the world we live in and the theoretical multiverses beyond, offering technological advances and extending the frontiers of knowledge. Written in plain English, The Science Book presents 80 of the most trailblazing ideas in physics, chemistry, and biology. It is packed with short, pithy explanations that cut through the jargon, step-by-step diagrams that untangle knotty theories, classic quotes that make scientific discoveries memorable, and witty illustrations that enhance and play with our understanding of science. Whatever your grasp of the subject, whether you're a keen student or an armchair expert, you'll find plenty to stimulate you within this book. Part of the popular "Big Ideas" series, The Science Book is the perfect way to explore this fascinating subject.

The American Pageant

Houghton Mifflin College Division USAs historie indtil 1996