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KEY=PDF - BURNETT JOHNSON

DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND

Cengage Learning In this innovative approach to the Intro Psychology course, authors John Cacioppo and Laura Freberg present psychology as an integrative science that is highly relevant for students of all majors. The authors have kept a familiar chapter structure, providing an easy roadmap for the introductory psychology course, but the similarities with other approaches to introductory psychology end there. Integration extends in two directions, highlighting connections within psychology as well as between psychology and other disciplines. The writing and features are smart and engaging, and consistently illustrate the benefit of using multiple perspectives within psychology. Cacioppo and Freberg offer the best science possible, including exciting new research findings likely to expand students' understanding of psychology as a scientific field of study. Features and images coordinate with and enhance the text, providing many additional opportunities for critical thinking and connecting ideas. Psychology is evolving into an integrative, multidisciplinary field, and this text offers an opportunity to teach all of psychology in one place and at one time. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

EXPLORING THE SOCIAL IMPACTS OF EVENTS

Routledge Social impacts are increasingly used as one of the main justifications for staging and funding events, and yet there is very little empirical evidence on the extent to which these impacts are realised by different kinds of events or in different settings. This timely volume fills this gap by being the first to explore the different social aspects of events, looking in particular at the role of events in developing social capital, social cohesion and participation in local communities. Based on cutting edge empirical research, it evaluates the contribution of both cultural and sports events to social capital, social cohesion, community spirit and local pride in range of different types of events and settings, with case studies drawn from Europe, Australia and South Africa. It therefore furthers knowledge about the social benefits and impacts of events and significantly contributes to the development of Events as a discipline. Written by leading academics in this area, this volume is essential reading for all those interested in Events Management and Studies.

EXPLORING RESOURCES, LIFE-BALANCE AND WELL-BEING OF WOMEN WHO WORK IN A GLOBAL CONTEXT

Springer This volume presents research on women's experiences, attitudes and perceptions, considering their work roles and in the context of their lives outside work. It explores the various choices women may opt to take, and the resources they may use, and presents options they may wish to consider over the course of their working lives. The research presented here is varied and the methods used include cross-sectional and longitudinal research, reviews of literature, as well as experiences and practical suggestions from clinical, organisational, health and occupational health psychologists, in addition to occupational safety and health practitioners. It looks at women who are part-time employees, those in vulnerable positions in the informal economy to women in mainstream, full-time employment. The chapters present theoretical underpinnings of how, what, when and where women approach work options, approach life and approach living. The overarching factor that links these chapters is the focus on women as a vital resource in the world economy, with an exploration of the options that are available to them and how these could be maximised to retain a productive and healthy female workforce.

COGNITION: EXPLORING THE SCIENCE OF THE MIND

SIXTH INTERNATIONAL STUDENT EDITION

W. W. Norton & Company Cognition uses the best of current research to help students think like psychologists and understand how cognitive psychology is relevant to their lives. The sixth edition offers revised and revitalised ZAPS 2.0 Cognition Labs, enhanced neuroscience illustrations and a new ebook, providing a highly interactive way for students to learn cognitive psychology.

CRIMINAL CONDUCT AND SUBSTANCE ABUSE TREATMENT FOR ADOLESCENTS: PATHWAYS TO SELF-DISCOVERY AND CHANGE

THE PROVIDER'S GUIDE

SAGE This Provider's Guide introduces a comprehensive and developmentally appropriate treatment program, Pathways for Self-Discovery and Change (PSDC), which provides the specific tools necessary for improving evaluation and treatment of at-risk youth, a particularly vulnerable patient population in the justice system. Using an adolescent-focused format, this protocol identifies psychological, biological, and social factors that contribute to the onset of adolescent deviance, and establishes guidelines for delivery of a 32-session treatment curriculum designed to rehabilitate both male and female adolescents with co-occurring substance abuse and criminal conduct. Now in its Second Edition, this guide provides treatment practitioners, program evaluators, and youth services administrators with the most up to date, comprehensive, and accessible information for the treatment and rehabilitation of juvenile justice clients. It is built on theoretical and research advances in the treatment and rehabilitation of juvenile justice clients, as well as feedback over the past seven years from PSDC counselees, treatment providers, and program administrators.

EDUCATING FOR CREATIVITY WITHIN HIGHER EDUCATION

INTEGRATION OF RESEARCH INTO MEDIA PRACTICE

Springer This book provides innovative insights into how creativity can be taught within higher education. Preparing students for employment in a dynamic set of global creative industries requires those students to not only be resilient and entrepreneurial, but also to be locally focused while being globally aware. Therefore it is imperative that they acquire a thorough understanding of creative processes and practice as they try to keep pace with worldwide digital trends. As the creation of media messages is a fundamental aspect of global creative industries, and that numerous concerns practitioners face are based upon a certain understanding of creativity, the authors propose an exploration of what creativity is in terms of research, and then apply it pedagogically. Drawing on extensive empirical research, the authors pose the thought-provoking question of whether creativity can be taught. This volume will be of interest to both students and scholars of creativity and higher education as well as to creatively-based practitioners more widely.

DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND

Cengage Learning In this fresh new offering to the Intro Psychology course, authors John Cacioppo and Laura Freberg portray psychology as being an integrative science in two ways. First, they have written a text that reflects psychology's rightful place as a hub science that draws from and is cited by research in many other fields. Second, this text presents psychology as a unified science that seeks a complete understanding of the human mind, rather than as a loosely organized set of autonomous subspecialties. As psychology moves rapidly toward maturity as an integrative, multidisciplinary field, the introductory course offers an opportunity to teach all of psychology in one place and at one time. This text reflects that evolution--and the authors' excitement about it. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

EXPLORING HEALTH PSYCHOLOGY

John Wiley & Sons Exploring Health Psychology provides comprehensive yet student-friendly coverage of both traditional topics in the field and important contemporary issues relating to reproductive, sexual, and psychological health. Using an informal, sometimes humorous narrative, the authors engage students of all interest levels, abilities, and learning styles by emphasizing the application of health and wellbeing psychology in their daily lives. Balancing depth and accessibly, each chapter describes the body systems relevant to a particular topic, incorporates up-to-date information and research, and contains relatable examples, real-world applications, compelling discussion and review questions, personal stories and vignettes, a running glossary, and more. Broad in scope, Exploring Health Psychology examines the interactions between biological, psychological, and sociocultural factors in psychological disorders and discusses their psychological and medical treatment. Critical psychological health issues such as anxiety and depression, the health of sexual and gender minorities, and the psychological dangers and pitfalls of the digital age are addressed to meet the needs of today's students. An array of active learning features based on the SQ4R pedagogy—Survey, Question, Read, Recite, Reflect, and Review—enables students to take an active role in the learning process, develop effective study habits, strengthen critical and scientific thinking, and comprehend, retain, and apply the material.

EXPLORING IMPLICIT COGNITION: LEARNING, MEMORY, AND SOCIAL COGNITIVE PROCESSES

LEARNING, MEMORY, AND SOCIAL COGNITIVE PROCESSES

IGI Global While widely studied, the capacity of the human mind remains largely unexplored. As such, researchers are continually seeking ways to understand the brain, its function, and its impact on human behavior. Exploring Implicit Cognition: Learning, Memory, and Social Cognitive Processes explores research surrounding the ways in which an individual's

unconscious is able to influence and impact that person's behavior without their awareness. Focusing on topics pertaining to social cognition and the unconscious process, this title is ideal for use by students, researchers, psychologists, and academicians interested in the latest insights into implicit cognition.

STRATEGIES FOR KNOWLEDGE MANAGEMENT SUCCESS: EXPLORING ORGANIZATIONAL EFFICACY

EXPLORING ORGANIZATIONAL EFFICACY

IGI Global Knowledge management captures the right knowledge, to the right user, who in turn uses the knowledge to improve organizational or individual performance to increase effectiveness.

REINVENTING DISCOVERY

THE NEW ERA OF NETWORKED SCIENCE

Princeton University Press How the internet and powerful online tools are democratizing and accelerating scientific discovery Reinventing Discovery argues that we are living at the dawn of the most dramatic change in science in more than three hundred years. This change is being driven by powerful cognitive tools, enabled by the internet, which are greatly accelerating scientific discovery. There are many books about how the internet is changing business, the workplace, or government. But this is the first book about something much more fundamental: how the internet is transforming our collective intelligence and our understanding of the world. From the collaborative mathematicians of the Polymath Project to the amateur astronomers of Galaxy Zoo, Reinventing Discovery tells the exciting story of the unprecedented new era in networked science. It will interest anyone who wants to learn about how the online world is revolutionizing scientific discovery—and why the revolution is just beginning.

DISCOVERING PSYCHOLOGY

Worth Pub

HANDBOOK ON PRISONS

Routledge The second edition of the Handbook on Prisons provides a completely revised and updated collection of essays on a wide range of topics concerning prisons and imprisonment. Bringing together three of the leading prison scholars in the UK as editors, this new volume builds on the success of the first edition and reveals the range and depth of prison scholarship around the world. The Handbook contains chapters written not only by those who have established and developed prison research, but also features contributions from ex-prisoners, prison governors and ex-governors, prison inspectors and others who have worked with prisoners in a wide range of professional capacities. This second edition includes several completely new chapters on topics as diverse as prison design, technology in prisons, the high security estate, therapeutic communities, prisons and desistance, supermax and solitary confinement, plus a brand new section on international perspectives. The Handbook aims to convey the reality of imprisonment, and to reflect the main issues and debates surrounding prisons and prisoners, while also providing novel ways of thinking about familiar penal problems and enhancing our theoretical understanding of imprisonment. The Handbook on Prisons, Second edition is a key text for students taking courses in prisons, penology, criminal justice, criminology and related subjects, and is also an essential reference for academics and practitioners working in the prison service, or in related agencies, who need up-to-date knowledge of thinking on prisons and imprisonment.

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RED'SHINE Publication. Pvt. Ltd

ABNORMAL PSYCHOLOGY ACROSS THE AGES [3 VOLUMES]

ABC-CLIO In these three volumes, a team of scholars provides a thoughtful history of abnormal psychology, demonstrating how concepts regarding disordered mental states, their causes, and their treatments developed and evolved across the ages. • Explains historic views on disorders, including causes and treatments such as the belief that depression in women stemmed from "a wandering uterus," homosexuality being categorized a mental disorder, and the "treatment" of various disorders via blood-letting or lobotomy • Explains the advent of psychology/psychiatry/psychologists/psychiatrists; the Diagnostic and Statistical Manual of Mental Disorders (DSM), the fields' bible of mental disorders and treatments; the evolution of the field; and the political controversies it has faced since its inception • Examines controversial topics across time, ranging from human rights of the mentally disordered to multicultural views on what does and does not constitute a disorder

EXPLORING BETTY A. REARDON'S PERSPECTIVE ON PEACE EDUCATION

LOOKING BACK, LOOKING FORWARD

Springer This book presents commentaries by a leading international group of peace education scholars and practitioners concerning Reardon's peace education theory and intellectual legacy. The guiding question throughout the book is: How can her foundational work be used to advance the theory and practice of peace education? In an attempt to find answers, the contributing authors explore three general areas of inquiry: (1) Theoretical Foundations of Peace and Human Rights Education; (2) Feminism and the Gender Perspective as Pathways of Transformation Toward Peace and Justice; and (3) Peace Education Pedagogy and Practices. A contemplative commentary by Reardon herself rounds out the coverage

MANAGING DISCOVERY IN THE LIFE SCIENCES

HARNESSING CREATIVITY TO DRIVE BIOMEDICAL INNOVATION

Cambridge University Press Addresses in roughly equal measure the science and management behind several recent marketable biomedical innovations.

DISCOVERY SERIES: HUMAN SEXUALITY

Cengage Learning The Cengage Learning DISCOVERY SERIES: HUMAN SEXUALITY is designed to deliver traditional course content in an innovative hybrid learning format instruction presented in a printed handbook paired with integrated online applications and assessments. The program promotes measurable mastery of core course learning objectives by guiding students' active engagement with content delivered through the book, images, video, simulations, and assessments. This contemporary approach to learning seamlessly integrates text and technology, enabling students to easily move from the book's instruction to its online applications for a deeper, lasting understanding of the core psychological concepts, and for assessments (all assignable) that reliably track students' progress and performance. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

EXPLORING IMMIGRANT AND SEXUAL MINORITY MENTAL HEALTH

RECONSIDERING MULTICULTURALISM

Taylor & Francis Exploring Immigrant and Sexual Minority Mental Health provides mental health practitioners with up-to-date theory, cutting-edge research, and therapeutic strategies to assist them in their work with multicultural clients. By focusing on the immigrant psyche, this volume hones in on appropriate counseling interventions and effective, culturally-specific psychotherapeutic practices by introducing the use of Diversity and Identity Formation Therapy (DIFT), a theoretical concept designed for immigrant and sexual minority identity formation. This work can be used in interdisciplinary settings and is applicable for those working in a number of mental health disciplines including counseling, social work, therapy, and more.

EXPLORING NEW HORIZONS IN CAREER COUNSELLING

TURNING CHALLENGE INTO OPPORTUNITIES

Springer "This book brings together eminent global theorists and practitioners to share their views on the evolution of career counselling in recent decades. Multiple changes of a fundamental and complex nature, as well as related challenges in the world of work, have necessitated career counselling to undergo such an evolution. The authors examine the future nature and scope of new directions in the field of career counselling psychology and they critically reflect on, as well as promote the predominant theoretical and conceptual framework of the field of career counselling. The latest models and methods in and for the 21st century are explored and teased out, including Mark Savickas' proposal to shift the focus in interventions from conceptualising the self as content to seeing the self as a process. This approach is in keeping with the notion of career as a story and consistent with leading theories such as Jean Guichard's self-construction framework and the life design paradigm. The authors deliver an avant garde text that is easy to read and use without diluting the conceptual and terminological complexities of the field. The book is an invaluable resource for new, emerging and experienced researchers, academics, scholars, researchers, psychologists, social workers, teachers and clients: • It merges what is known about the field with emerging approaches. • It gives an overview of theoretical paradigms that can be applied to a changing world of work. • It makes a critical analysis of germane questions such as "What does the future hold for the field of career counselling and how can challenges be turned into opportunities?" and "How can different paradigms, approaches and strategies be harnessed to promote clients' career-life wellbeing and resilience?" • It facilitates an understanding of the skills necessary to deal with career-related transitions, challenges and barriers to help people acquire transferable career-life skills and career(-choice) readiness. • It examines the importance of career adaptability and how people can develop this vital 21st century (survival) competency. • It challenges

career counsellors to grasp and acquire skills to promote and advocate social justice agendas. • It promotes and demonstrates the exciting and promising notion of dialogue writing to enhance the dialogical work of the career counsellor and client. Individually and collectively, the authors team up to blend retrospect and prospect, and they make a concerted effort to convert 21st century challenges and frontiers in career counselling into opportunities, hurt into hope, hopelessness into inspiration."

HANDBOOK OF CLINICAL PSYCHOLOGY COMPETENCIES

Springer Science & Business Media This three-volume handbook describes the core competency areas in providing psychological services relevant to practitioners as well as clinical researchers. It covers assessment and conceptualization of cases, the application of evidence-based methods, supervision, consultation, cross-cultural factors, and ethics.

SKewed STUDIES: EXPLORING THE LIMITS AND FLAWS OF HEALTH AND PSYCHOLOGY RESEARCH

ABC-CLIO This book is an indispensable resource for students, researchers, and general readers who want to think more critically about the health news they see and hear. It outlines the research process and explores the many issues that can arise. "People Who Drink Coffee Live Longer." "Students Learn Better When Listening to Classical Music." "Scientists Discover the Gene That Causes Obesity." We are constantly bombarded with reports of "groundbreaking" health findings that use attention-grabbing headlines and seem to be backed by credible science. Yet many of these studies and the news articles that discuss them fall prey to a variety of problems that can produce misleading and inaccurate results. Some of these may be easy to notice—like a research study on the benefits of red meat funded by the beef industry, or a study with a sample size of only 10 people—but others are much harder to spot. *Skewed Studies: Exploring the Limits and Flaws of Health and Psychology Research* examines the most pervasive problems plaguing health research and reporting today, using clear, accessible language and employing real-world examples to illustrate key concepts. Beyond simply outlining issues, it provides readers with the knowledge and skills to evaluate research studies and news reports for themselves, improving their health literacy and critical thinking skills. Brings together and thoroughly explores the many ways in which health research and reporting can be flawed and problematic Improves readers' critical thinking skills and gives them practical tools to better evaluate the health information they come across Explains scientific and statistical concepts in clear, easy-to-understand language Includes a curated and annotated directory of resources for readers seeking additional information

DISCOVERING PSYCHOLOGY: THE SCIENCE OF MIND

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EXPLORING THE PRESSURES OF MEDICAL EDUCATION FROM A MENTAL HEALTH AND WELLNESS PERSPECTIVE

IGI Global Discussions surrounding mental health are becoming more prominent and these conditions are becoming less stigmatized. Studying the effects that mental wellness has on students within the medical field can provide an insider perspective on this critical topic. *Exploring the Pressures of Medical Education From a Mental Health and Wellness Perspective* is a critical reference source that examines the mental and emotional problems that arise with students practicing in the medical field. Featuring relevant topics such as student burnout, cognitive learning, graduate education, and curriculum development, this scholarly publication is ideal for medical practitioners, academicians, students, and researchers that are interested in staying apprised of the latest trends and developments relating to mental wellness.

USE OF VISUAL DISPLAYS IN RESEARCH AND TESTING

CODING, INTERPRETING, AND REPORTING DATA

IAP Visual displays play a crucial role in knowledge generation and communication. The purpose of the volume is to provide researchers with a framework that helps them use visual displays to organize and interpret data; and to communicate their findings in a comprehensible way within different research (e.g., quantitative, mixed methods) and testing traditions that improves the presentation and understanding of findings. Further, this book includes contributions from leading scholars in testing and quantitative, qualitative, and mixed methods research, and results reporting. The volume's focal question is: What are the best principles and practices for the use of visual displays in the research and testing process, which broadly includes the analysis, organization, interpretation, and communication of data? The volume is organized into four sections. Section I provides a rationale for this volume; namely, that including visual displays in research and testing can enhance comprehension and processing efficiency. Section II includes addresses theoretical frameworks and universal design principles for visual displays. Section III examines the use of visual displays in quantitative, qualitative, and mixed methods research. Section IV focuses on using visual displays to report testing and assessment data.

SOCIAL PSYCHOLOGY AUSTRALIAN & NEW ZEALAND EDITION

Cengage AU Using a balanced approach, *Social Psychology*, 2e connects social psychology theories, research methods, and basic findings to real-world applications with a current-events emphasis. Coverage of culture and diversity is integrated into every chapter in addition to strong representation throughout of regionally relevant topics such as: Indigenous perspectives; environmental psychology and conservation; community psychology; gender identity; and attraction and close relationships (including same-sex marriage in different cultures, gendered behaviours when dating, and updated data on online dating), making this visually engaging textbook useful for all social psychology students.

EVOLUTIONARY PSYCHOLOGY

THE NEW SCIENCE OF THE MIND

Psychology Press This book examines human psychology and behavior through the lens of modern evolutionary psychology. *Evolutionary Psychology: The New Science of the Mind*, 5/e provides students with the conceptual tools of evolutionary psychology, and applies them to empirical research on the human mind. Content topics are logically arrayed, starting with challenges of survival, mating, parenting, and kinship; and then progressing to challenges of group living, including cooperation, aggression, sexual conflict, and status, prestige, and social hierarchies. Students gain a deep understanding of applying evolutionary psychology to their own lives and all the people they interact with.

ENGAGEMENT AND THERAPEUTIC COMMUNICATION IN MENTAL HEALTH NURSING

Learning Matters Being able to engage with service users and communicate effectively is a fundamental skill identified by the NMC and required of all mental health nurses. The reality is that building rapport and developing therapeutic relationships does not come instinctively for everyone. The authors have responded to this with a book that explains the different communication theories and models and goes on to show students how they work in the real world. Innovative exercises encourage reflection and enable students to practice their developing communication skills as they progress. Throughout the book the authors are focussed on promoting recovery and have put the service user at the centre of the discussion, ensuring that their voice is heard. Key features: - Covers the communication content of the new NMC Standards and Essential Skills Clusters for pre-registration degree-level nursing education - Focussed on promoting recovery and adopts a person-centred approach - Interactive style using realistic scenarios and case studies making theory easy to apply to practice - Includes a chapter co-authored by a service user offering a unique insight.

CROSS-CULTURAL PSYCHOLOGY

CRITICAL THINKING AND CONTEMPORARY APPLICATIONS, SIXTH EDITION

Taylor & Francis Written in a conversational style that transforms complex ideas into accessible ones, this international best-seller provides an interdisciplinary review of the theories and research in cross-cultural psychology. The book's unique critical thinking framework, including Critical Thinking boxes, helps to develop analytical skills. Exercises interspersed throughout promote active learning and encourage class discussion. Case in Point sections review controversial issues and opinions about behavior in different cultural contexts. Cross-Cultural Sensitivity boxes underscore the importance of empathy in communication. Numerous applications better prepare students for working in various multicultural contexts such as teaching, counseling, health care, and social work. The dynamic author team brings a diverse set of experiences in writing this book. Eric Shiraev was raised in the former Soviet Union and David Levy is from Southern California. Sensation, perception, consciousness, intelligence, human development, emotion, motivation, social perception, interaction, psychological disorders, and applied topics are explored from cross-cultural perspectives. New to the 6th Edition: Over 200 recent references, particularly on studies of non-western regions such as the Middle East, Africa, Asia, & Latin America as well as the US and Europe. New chapter on personality and the self with an emphasis on gender identity. New or revised chapter opening vignettes that draw upon current events. More examples related to the experiences of international students in the US and indigenous people. Many more figures and tables that appeal to visual learners. New research on gender, race, religious beliefs, parenting styles, sexual orientation, ethnic identity and stereotypes, conflict resolution, immigration, intelligence, physical abuse, states of consciousness, DSM-5, cultural customs, evolutionary psychology, treatment of psychological disorders, and acculturation. Revised methodology chapter with more attention to issues related specifically to cross-cultural research and more on qualitative and mixed methods. A companion website at www.routledge.com/9781138668386 where instructors will find a test bank containing multiple choice, true and false, short answer, and essay questions and answers for each chapter, and a complete set of tables and figures from the text; and students will find chapter outlines, flashcards of key terms, and links to further resources and the authors' Facebook page. Intended as a text for courses on cross-cultural psychology, multicultural psychology, cultural psychology, cultural diversity, and the psychology of ethnic groups and a resource for practitioners, researchers, and educators who work in multicultural environments.

DISCOVER SOCIOLOGY

NULL

[SAGE Publications](#) Discover Sociology explores sociology as a discipline of curious minds, with the theoretical, conceptual, and empirical tools needed to understand, analyze, and even change the world. Organized around the four main themes of The Sociological Imagination, Power and Inequality, Technological Transformations of Society, and Globalization, every chapter in the book illuminates the social roots of diverse phenomena and institutions

PSYCHOLOGY

Psychology is the internationally best-selling introduction to one of the world's most exciting sciences. This popular text explores every major branch in the field, allowing students to discover classic and contemporary topics, theories and applications. This new 6th edition has been thoroughly revised and updated and includes over 1000 new references, as well as coverage of the DSM5 and new topics such as social neuroscience, spurious correlations, new theories of intelligence, the history of neuroscience and the Dark Tetrad. It also includes a discussion of the importance of replication, to encourage students to engage with this topical issue. A range of engaging pedagogical features bring alive the diverse strands within the subject. These include:  Cutting Edge: 62 all new sections for this edition, introducing important and exciting research from across the discipline.  Controversies in Psychological Science: current debates that encourage students to reflect upon the complex nature of topics within the field, covering issues such as: what is the role of oxytocin in trustworthiness? When is it right to deceive participants in psychological studies? Does brain training work? Do learning styles exist? ... and many more.  Psychology in Action: sections highlighting the link between theory and application. Consider a range of real world examples such as: what will make you a better student? Does speed-reading work?  International Perspectives: covers topics such as happiness and how brain research is being conducted in a global context. Richly illustrated throughout, with examples from across the globe, this is an essential read for students of psychology and related disciplines just beginning their studies, as well as for those who simply want to explore psychology in more depth.

DISCOVER THE JOY OF GOOD HEALTH

[Green Dragon Books](#) Dr. John Inzerillo - Is focused on rekindling the joy and wonder that lies within all of us. He presents ideas and exercises expressly designed to help the reader reconnect with the child they once were, while examining and altering long-held belief systems in order to better negotiate many of life's common stumbling blocks. The work's insightful emphasis on compassion and grace illustrates the profound impact that simple, everyday gestures, such as offering a genuine smile or a word of praise and appreciation can have on our relationships as well as on our own sense of well-being. He gently coaches us through confronting and tackling some of life's more difficult issues, especially those presented in the face of debilitating health conditions such as cancer, chronic pain, dementia, depression, heart disease, etc. Navigating through life's stresses and challenges can be difficult at best, especially in today's complex and demanding society. Let Discover the Joy of Good Health teach you how to liberate yourself from the guilt that prevents you from asking for what you want and need, and to stay in the present instead of focusing on past hurts and future expectations. He focuses on how to accept and adjust to change and how to set boundaries and free ourselves from the "need to please."

ATTITUDES TOWARDS MATHEMATICS AND MATHEMATICAL ACHIEVEMENT IN SECONDARY SCHOOLS IN ENGLAND: EXPLORING THE ROLE OF SOCIAL CLASS, GENDER AND ETHNICITY

[Lulu.com](#)

DISCOVERING CELL MECHANISMS

THE CREATION OF MODERN CELL BIOLOGY

[Cambridge University Press](#) Bechtel emphasises how mechanisms were discovered by cell biologists and the instruments that made these inquiries possible.

THE SUBTLE SPECTRUM: AN HONEST ACCOUNT OF AUTISTIC DISCOVERY, RELATIONSHIPS AND IDENTITY

[Routledge](#) Am I autistic, or is autism something I suffer from? Should I come out, to my friends, to my family, to the people I work with? Should I drop the mask? How can I explain my experience to a neurotypical world? The Subtle Spectrum offers an exploration into the postdiagnostic landscape of autism and the transformative journey of one woman, from her awareness of difference, through acceptance, to an embracing of autistic identity and beyond as she questions the cultural identity of autism. Joanna's narrative is enriched with insights from a range of diverse contributors, creating a reflective opportunity for people to gain a better understanding of the experience of being autistic. With a focus on relationships built across a neurodiverse divide, the book considers topics as broad as mental health, work opportunities and abuse, weaving theory and research with lived experience to give true insight into the life of an autistic person, both pre- and post-diagnosis. Written with a raw and engaging honesty, this is a crucial read for anybody who identifies as autistic as an adult or teenager, or anyone looking to support somebody exploring diagnosis. It will also provide an invaluable insight for social workers, educators and relationships counsellors working with autistic people.

EXPLORING AND CELEBRATING THE EARLY CHILDHOOD PRACTITIONER

AN INTERROGATION OF PEDAGOGY, PROFESSIONALISM AND PRACTICE

[Taylor & Francis](#) This exciting new book celebrates, interrogates and re-imagines the complex and demanding role of the Early Childhood Practitioner. Exploring the many different facets of the Early Childhood Practitioner's (ECP) role, it challenges normative constructions of practitioners and how they have been shaped by assumptions of history, culture and policy. Drawing on a range of theoretical presumptions and debates, the chapters champion the multidimensional power and potentiality of the ECP, arguing for greater respect and recognition for a role that supports and enables at a crucial time in a child's life. With opportunities for reflection, key topics include: The specialist pedagogical expertise of the ECP The key role that ECPs play in the child's holistic wellbeing The ECP as diplomat across many professional contexts, effectively communicating with families and professionals The creative ECP, pushing traditional, normative boundaries of practice The ECP as so much more than they are customarily perceived as being. This latest addition to the TACTYC series will be valuable reading for Early Years students - particularly on Masters level courses - as well as those working and researching in the Early Years sector.

INTRODUCTION TO PSYCHOLOGY

[Cengage Learning](#) Featuring a look and style that's more like a magazine than a textbook, Plotnik's INTRODUCTION TO PSYCHOLOGY, Tenth Edition will draw you in and show you how exciting the study of psychology can be. This modular, visual approach to the fundamentals of psychology--the pioneer of the visual or magazine style approach--makes even the toughest concepts engaging and entertaining. Each and every page is individually planned, written, and formatted to effectively incorporate the use of Visual Cues, which help you to better remember information. Extensively updated, the text also utilizes chunking, a method of breaking concepts down into small, easily digested sections that help you learn at your own pace. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

PSYCHOLOGY: MODULES FOR ACTIVE LEARNING

[Cengage Learning](#) Updated, revised and reorganized, Coon, Mitterer and Martini's PSYCHOLOGY: MODULES FOR ACTIVE LEARNING, 15th Edition includes all-new chapter-specific learning outcomes and formative assessments based on Bloom's taxonomy. It is fully compatible with the new learning outcomes developed by the American Psychological Association. An emphasis on reflection, critical thinking and human diversity illustrates their importance as cross-cutting themes in psychology. In addition, each module cluster includes a full module devoted to skill development, highlighting skills that will help learners succeed both personally and professionally. The new edition retains the bestseller's engaging style, appealing visuals and detailed coverage of core topics and cutting-edge research. It builds on the proven modular format and on the teaching and learning tools integrated throughout. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

ASSESSMENT IN HEALTH PSYCHOLOGY

[Hogrefe Publishing](#) A thorough and authoritative record of the best available assessment tools in health psychology. Assessment in Health Psychology presents and discusses the best and most appropriate assessment methods and instruments for all specific areas that are central for health psychologists. It also describes the conceptual and methodological bases for assessment in health psychology, as well as the most important current issues and recent progress in methods. A unique feature of this book, which brings together leading authorities on health psychology assessment, is its emphasis on the bidirectional link between theory and practice. Assessment in Health Psychology is addressed to masters and doctoral students in health psychology, to all those who teach health psychology, to researchers from other disciplines, including clinical psychology, health promotion, and public health, as well as to health policy makers and other healthcare practitioners. This latest volume in the series Psychological Assessment - Science and Practice provides a thorough and authoritative record of the best available assessment tools and methods in health psychology, making it an invaluable resource both for students and academics as well as for practitioners in their daily work.

EXPLORING ISSUES OF CONTINUITY

THE INTERNATIONAL BACCALAUREATE IN A WIDER CONTEXT

[John Catt Educational](#) Exploring Issues of Continuity: The IB in a wider context examines 'continuity' across the IB programmes and more widely across the sphere of international

education. Editors Mary Hayden and Jeff Thompson have brought together leading figures in international education in this essential book for IB World Schools. The notion of 'continuity' is contested and open to a range of interpretations. Mary Hayden and Jeff Thompson have brought together leading figures in international education, each of whom has contributed their own perspectives on the topic, borne out of personal experiences in implementing continuity in their professional work. The organisation of the book allows a range of issues to be explored in three main areas: dimensions of continuity (major aspects of the topic which apply across differing curricula), supporting continuity (relating to those who have responsibility for implementing and monitoring continuity in an institutional context) and programme transition (illustrating transition between specific IB programmes). While most authors focus exclusively on the IB programmes - Primary Years (PYP), Middle Years (MYP) and Diploma (DP) - some have considered issues of continuity relating to other programmes offered in the international education context. Contributors include: Nick Alchin; Ochan Kusuma-Powell and William Powell; Anthony Hemmens; Jamie Large; David Harrison; Andrew Watson; Bev Shaklee and April Mattix; Darlene Fisher; Roger Marshman; Richard Parker and Gillian Ashworth.