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### **KEY=CANCER - SANAI KOCH**

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#### **THE EMPEROR OF ALL MALADIES**

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#### **A BIOGRAPHY OF CANCER**

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Simon and Schuster An assessment of cancer addresses both the courageous battles against the disease and the misperceptions and hubris that have compromised modern understandings, providing coverage of such topics as ancient-world surgeries and the development of present-day treatments. Reprint. Best-selling winner of the Pulitzer Prize. Includes reading-group guide.

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#### **THE EMPEROR OF ALL MALADIES**

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#### **A BIOGRAPHY OF CANCER**

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Simon and Schuster Winner of the Pulitzer Prize and a documentary from Ken Burns on PBS, this New York Times bestseller is "an extraordinary achievement" (The New Yorker)—a magnificent, profoundly humane "biography" of cancer—from its first documented appearances thousands of years ago through the epic battles in the twentieth century to cure, control, and conquer it to a radical new understanding of its essence. Now includes an excerpt from Siddhartha Mukherjee's new book *Song of the Cell!* Physician, researcher, and award-winning science writer, Siddhartha Mukherjee examines cancer with a cellular biologist's precision, a historian's perspective, and a biographer's passion. The result is an astonishingly lucid and eloquent chronicle of a disease humans have lived with—and perished from—for more than five thousand years. The story of cancer is a story of human ingenuity, resilience, and perseverance, but also of hubris, paternalism, and misperception. Mukherjee recounts centuries of discoveries, setbacks, victories, and deaths, told through the eyes of his predecessors and peers, training their wits against an infinitely resourceful adversary that, just three decades ago, was thought to be easily vanquished in an all-out "war against cancer." The book reads like a literary thriller with cancer as the protagonist. Riveting, urgent, and surprising, *The Emperor of All Maladies* provides a fascinating glimpse into the future of cancer treatments. It is an illuminating book that provides hope and clarity to those seeking to demystify cancer.

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#### **THE CANCER BOOK**

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#### **A GUIDE TO UNDERSTANDING THE CAUSES, PREVENTION, AND TREATMENT OF CANCER**

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Jones & Bartlett Learning Written in non-technical language, this book helps the reader understand the basic nature and causes of cancer, as well as the principles underlying current strategies for cancer prevention and treatment. By presenting an overview and perspective of both the basic and practical aspects of cancer, including the background needed to understand continuing advances in the field. The book is fascinating reading and an ideal book for everyone interested in the subject.

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#### **100 QUESTIONS & ANSWERS ABOUT MESOTHELIOMA**

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Jones & Bartlett Publishers Whether you're a newly diagnosed Mesothelioma patient, a survivor, or a friend or relative of either, this book offers help. The only book to provide the doctor's and patient's views, *100 Questions & Answers About Mesothelioma, Third Edition* gives you authoritative, practical answers to your questions about treatment options, post-treatment quality of life, sources of support, legal options, and much more. This outstanding team of authors -- led by a world-class lung disease expert -- provides an invaluable resource for anyone coping with the physical and emotional turmoil of this frightening disease.

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#### **TROPIC OF CANCER (HARPER PERENNIAL MODERN CLASSICS)**

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HarperCollins UK Miller's groundbreaking first novel, banned in Britain for almost thirty years.

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#### **THE BREAST CANCER BOOK**

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#### **A TRUSTED GUIDE FOR YOU AND YOUR LOVED ONES**

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JHU Press "Providing comprehensive, current, and reliable information on breast cancer, this book, written by an experienced oncologist, a surgeon, and a breast cancer survivor, informs and inspires readers, wherever they are in the breast cancer experience. Patient stories, essays from medical specialists, and illustrations add clarity and insight"--

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## CANCER

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### THE EVOLUTIONARY LEGACY

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Oxford University Press on Demand In this fascinating and highly readable new book, Mel Greaves shows how the origins of cancer are inextricably linked with our evolutionary heritage, and considers the implications of this theory for future research and treatment.

### CANCER AND CANCER CARE

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SAGE 'This book creates new ground for all health professionals working in cancer care to read, enjoy, look at and question their practice.' Caroline Adcock, Clinical Practice Educator - Haematology and Oncology, Royal Shrewsbury Hospital Cancer and Cancer Care is a complete study of cancer, the care of people with the disease and its impact on everyday life. Addressing the physical and psychosocial aspects of the illness in detail, it covers all fundamental aspects of cancer diagnosis, treatment, survival and aspects of psychosocial support for all those affected by cancer: patients, their families, and their healthcare providers. Chapters include: - A review of the latest theory and evidence on over 30 separate topic areas - Reflective questions which challenge readers to reappraise what they have learned - Chapter overviews and chapter summaries which highlight the key points The book is essential reading for all those on cancer care courses at undergraduate and postgraduate level. It will be valuable reading for nurses, oncologists, psychologists, social workers and all healthcare practitioners and researchers working with people affected by cancer.

### PROSTATE CANCER

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#### SCIENCE AND CLINICAL PRACTICE

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Elsevier An important translational book bridging the gap between science and clinical medicine, Prostate Cancer reviews the biological processes that can be implicated in the disease, reviews current treatments, highlighting the pitfalls where relevant and examines the scientific developments that might result in novel treatments in the future. Key Features \* Provides a translational resource for scientists and clinicians working on prostate cancer \* Reviews current surgical interventions and highlights their related pitfalls \* Presents the latest laparoscopic techniques with figures and illustrations of step-by-step procedures \* Offers insight into the potential for novel approaches to treatment in the future \* Includes personal perspectives from patients

### THE CANCER PREVENTION BOOK

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#### THE HOLISTIC PLAN TO REDUCE YOUR RISK OF CANCER AND REVOLUTIONIZE YOUR LIFE

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Simon and Schuster Dr Rosy Daniel, former medical director of the Bristol Cancer Help Centre, has written a comprehensive book on the holistic approach to the prevention of cancer, which is factual, upbeat and completely practical. She describes exactly what cancer is, who is at risk and why prevention and not treatment is the only real solution to the war on cancer. She then guides the reader step by step through removing the risk factors from their lives and she goes on to describe how to work to achieve positive health through the eradication of stress and the use of energy medicines, healthy eating, self-help approaches and exercise, and stresses the crucial importance of the state of mind and spirit on the body. Dr Daniel asserts that it is vital that all those wishing to prevent cancer learn from the examples of those who have had it, and act now to get their lives fully back on track, in order to revive their defence mechanisms and prevent this awful disease. By taking a hard look at the causes of cancer one is left in no doubt whatsoever as to why and how cancer has reached such horrendous epidemic proportions, affecting four in ten of us in our lifetime. This is a highly positive book which will provoke a great deal of thought and highly constructive action in all who read it.

### PHYSICS OF CANCER

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Iph001 This revised second edition is improved linguistically with multiple increases of the number of figures and the inclusion of several novel chapters such as actin filaments during matrix invasion, microtubuli during migration and matrix invasion, nuclear deformability during migration and matrix invasion, and the active role of the tumor stroma in regulating cell invasion.

### GETTING ON WITH CANCER

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Books Beyond Words This book is designed to support people like Veronica, who become unwell and are diagnosed as having cancer. In this story, Veronica visits her GP, who refers her to a hospital consultant. She has a chest X-ray and then is admitted to hospital for an operation. After the operation, the consultant tells Veronica that she has cancer, but that "it's not all bad news", some cancers can be cured. She goes on to receive radiotherapy and then chemotherapy sessions. After the chemotherapy has finished, Veronica feels better. She is glad the treatment is finished. She hopes the cancer is cured. The story is divided into different sections highlighting the different experiences that cancer patients may have.

### THE THYROID CANCER BOOK

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Trafford Publishing M. Sara Rosenthal, Ph.D., bestselling author of The Thyroid Sourcebook (recommended by The New York Times), The Thyroid Sourcebook for Women and The Hypothyroid Sourcebook has just published The Thyroid

Cancer Book, the only consumer book to date devoted to thyroid cancer. A thyroid cancer survivor herself, Rosenthal wrote the book she wishes she'd had when diagnosed in 1983. The Thyroid Cancer Book explains all forms of thyroid cancer and its treatment in plain language. It was written in consultation with the leading medical experts on thyroid cancer in North America, and is the only book of its kind in the world. It includes extensive information on: Significant risk factors for developing the disease, and how to find and investigate lumps in the neck Papillary and follicular thyroid cancers, as well as the less common medullary and anaplastic cancers Treatment options, surgery and radioactive iodine Post-treatment follow up, whole body scans and Thyrogen Self-healing and complementary therapies The emotional impact of cancer on families and loved ones Palliative care While thyroid cancer accounts for roughly two percent of all cancers, it's among the fastest growing cancers in incidence. Its causes in North America are associated with fallout from nuclear testing in the American midwest, and environmental causes which Rosenthal also writes about in detail. Recommended by Johns Hopkins Thyroid Tumor Center, The Thyroid Foundation of America, The American Foundation for Thyroid Patients, The Thyroid Foundation of Canada, CancerHelpUK, and thyroid cancer patients from both Thyca and Thry'Vors.

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## **CANCER PREVENTION AND SCREENING**

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### **CONCEPTS, PRINCIPLES AND CONTROVERSIES**

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John Wiley & Sons Winner of the Council Chair's Choice Award at the 2019 British Medical Association Awards. Cancer Prevention and Screening offers physicians and all clinical healthcare professionals a comprehensive, useful source of the latest information on cancer screening and prevention with both a global and a multidisciplinary perspective. Includes background information on epidemiology, cancer prevention, and cancer screening, for quick reference Offers the latest information for clinical application of the most recent techniques in prevention and screening of all major and many lesser cancer types Emphasises the importance of multidisciplinary teamwork in cancer screening Highlights frequent dilemmas and difficulties encountered during cancer screening Provides clear-cut clinical strategies for optimal patient education, communication, and compliance with cancer prevention techniques

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### **THE UNDYING**

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#### **A MEDITATION ON MODERN ILLNESS**

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Penguin UK WINNER OF THE PULITZER PRIZE FOR NONFICTION 2020 WINNER OF THE WINDHAM-CAMPBELL PRIZE FOR NONFICTION 2020 FINALIST FOR THE PEN / JEAN STEIN BOOK AWARD 2020 'Profound and unforgettable' Sally Rooney 'A classic . . . I have long thought of Boyer as a genius' Patricia Lockwood 'An outraged, beautiful, and brilliant work of embodied critique' Ben Lerner 'Some of the most perceptive and beautiful writing about illness and pain that I have ever read' Hari Kunzru Blending memoir with critique, an award-winning poet and essayist's devastating exploration of sickness and health, cancer and the cancer industry, in the modern world A week after her 41st birthday, Anne Boyer was diagnosed with highly aggressive triple-negative breast cancer. For a single mother living payslip to payslip, the condition was both a crisis and an initiation into new ideas about mortality and the gendered politics of illness. In *The Undying* - at once her harrowing memoir of survival, and a 21st-century *Illness as Metaphor* - Boyer draws on sources from ancient Roman dream diarists to cancer vloggers to explore the experience of illness. She investigates the quackeries, casualties and ecological costs of cancer under capitalism, and dives into the long line of women writing about their own illnesses and deaths, among them Audre Lorde, Kathy Acker and Susan Sontag. Genre-bending, devastating and profoundly humane, *The Undying* is an unmissably insightful meditation on cancer, the cancer industry and the sicknesses and glories of contemporary life.

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### **THE MOLECULAR BIOLOGY OF CANCER**

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John Wiley & Sons This comprehensive text provides a detailed overview of the molecular mechanisms underpinning the development of cancer and its treatment. Written by an international panel of researchers, specialists and practitioners in the field, the text discusses all aspects of cancer biology from the causes, development and diagnosis through to the treatment of cancer. Written by an international panel of researchers, specialists and practitioners in the field Covers both traditional areas of study and areas of controversy and emerging importance, highlighting future directions for research Features up-to-date coverage of recent studies and discoveries, as well as a solid grounding in the key concepts in the field Each chapter includes key points, chapter summaries, text boxes, and topical references for added comprehension and review Supported by a dedicated website at [www.blackwellpublishing.com/pelengaris](http://www.blackwellpublishing.com/pelengaris) An excellent text for upper-level courses in the biology of cancer, for medical students and qualified practitioners preparing for higher exams, and for researchers and teachers in the field

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### **THE DEATH OF CANCER**

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#### **AFTER FIFTY YEARS ON THE FRONT LINES OF MEDICINE, A PIONEERING ONCOLOGIST REVEALS WHY THE WAR ON CANCER IS WINNABLE--AND HOW WE CAN GET THERE**

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Sarah Crichton Books Cancer touches everybody's life in one way or another. But most of us know very little about how the disease works, why we treat it the way we do, and the personalities whose dedication got us where we are today. For fifty years, Dr. Vincent T. DeVita Jr. has been one of those key players: he has held just about every major position in the field, and he developed the first successful chemotherapy treatment for Hodgkin's lymphoma, a breakthrough the American Society of Clinical Oncologists has called the top research advance in half a century of chemotherapy. As

one of oncology's leading figures, DeVita knows what cancer looks like from the lab bench and the bedside. *The Death of Cancer* is his illuminating and deeply personal look at the science and the history of one of the world's most formidable diseases. In DeVita's hands, even the most complex medical concepts are comprehensible. Cowritten with DeVita's daughter, the science writer Elizabeth DeVita-Raeburn, *The Death of Cancer* is also a personal tale about the false starts and major breakthroughs, the strong-willed oncologists who clashed with conservative administrators (and one another), and the courageous patients whose willingness to test cutting-edge research helped those oncologists find potential treatments. An emotionally compelling and informative read, *The Death of Cancer* is also a call to arms. DeVita believes that we're well on our way to curing cancer but that there are things we need to change in order to get there. Mortality rates are declining, but America's cancer patients are still being shortchanged—by timid doctors, by misguided national agendas, by compromised bureaucracies, and by a lack of access to information about the strengths and weaknesses of the nation's cancer centers. With historical depth and authenticity, DeVita reveals the true story of the fight against cancer. *The Death of Cancer* is an ambitious, vital book about a life-and-death subject that touches us all.

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## **CANCER**

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### **PREVENTION, EARLY DETECTION, TREATMENT AND RECOVERY**

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**John Wiley & Sons** A guide to recent insights into the genetic and epigenetic parameters of cancer biology and pathology and emerging clinical applications The thoroughly updated second edition of *The Biology and Treatment of Cancer*, now titled *Cancer: Prevention, Early Detection, Treatment and Recovery*, goes beyond reviewing the fundamental properties of cancer biology and the relevant issues associated with treatment of the disease. The new edition contains coverage of additional "patient centric" topics and presents cancer biology with selection of topics, facts, and perspectives written in easy-to-understand terms. With contributions from noted experts, the book explores recent advances in the understanding of cancer including breakthroughs in the molecular and cellular basis of cancer and provides strategies for approaching cancer prevention, early detection, and treatment. The authors incorporate recent information on the genetic and epigenetic parameters of cancer biology and pathology with indications of emerging clinical applications. The text offers a unique guide to cancer prevention, early detection, treatment, and recovery for students, caregivers, and most importantly cancer patients. This significant book: Incorporates current insight into the genetic and epigenetic parameters of cancer biology and pathology and information on emerging clinical applications Contains contributions from leaders in cancer research, care, and clinical trials Offers an accessible guide to an accurate and balanced understanding of cancer and the cancer patient Focuses on the importance of cancer prevention, early detection, treatment, and survivorship Written for medical students, students of cancer biology, and caregivers and cancer patients, *Cancer: Prevention, Early Detection, Treatment and Recovery* offers an authoritative overview of the challenges and opportunities associated with cancer biology, cancer research, and the spectrum of clinical considerations.

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### **OXFORD TEXTBOOK OF CANCER BIOLOGY**

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**Oxford University Press** The study of the biology of tumours has grown to become markedly interdisciplinary, involving chemists, statisticians, epidemiologists, mathematicians, bioinformaticians, and computer scientists alongside biologists, geneticists, and clinicians. The *Oxford Textbook of Cancer Biology* brings together the most up-to-date developments from different branches of research into one coherent volume, providing a comprehensive and current account of this rapidly evolving field. Structured in eight sections, the book starts with a review of the development and biology of multi-cellular organisms, how they maintain a healthy homeostasis in an individual, and a description of the molecular basis of cancer development. The book then illustrates, as once cells become neoplastic, their signalling network is altered and pathological behaviour follows. It explores the changes that cancer cells can induce in nearby normal tissue, the new relationship established between them and the stroma, and the interaction between the immune system and tumour growth. The authors illustrate the contribution provided by high throughput techniques to map cancer at different levels, from genomic sequencing to cellular metabolic functions, and how information technology, with its vast amounts of data, is integrated with traditional cell biology to provide a global view of the disease. The effect of the different types of treatments on the biology of the neoplastic cells are explored to understand on the one side, why some treatments succeed, and on the other, how they can affect the biology of resistant and recurrent disease. The book concludes by summarizing what we know to date about cancer, and in what direction our understanding of cancer is moving. Edited by leading authorities in the field with an international team of contributors, this book is an essential resource for scholars and professionals working in the wide variety of sub-disciplines that make up today's cancer research and treatment community. It is written not only for consultation, but also for easy cover-to-cover reading.

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### **CANCER AS A METABOLIC DISEASE**

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#### **ON THE ORIGIN, MANAGEMENT, AND PREVENTION OF CANCER**

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**John Wiley & Sons** The book addresses controversies related to the origins of cancer and provides solutions to cancer management and prevention. It expands upon Otto Warburg's well-known theory that all cancer is a disease of energy metabolism. However, Warburg did not link his theory to the "hallmarks of cancer" and thus his theory was discredited. This book aims to provide evidence, through case studies, that cancer is primarily a metabolic disease requiring metabolic solutions for its management and prevention. Support for this position is derived from critical

assessment of current cancer theories. Brain cancer case studies are presented as a proof of principle for metabolic solutions to disease management, but similarities are drawn to other types of cancer, including breast and colon, due to the same cellular mutations that they demonstrate.

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## **THE MOLECULAR BASIS OF CANCER**

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### **EXPERT CONSULT - ONLINE**

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Elsevier Health Sciences Successfully fighting cancer starts with understanding how it begins. This thoroughly revised 3rd Edition explores the scientific basis for our current understanding of malignant transformation and the pathogenesis and treatment of cancer. A team of leading experts thoroughly explain the molecular biologic principles that underlie the diagnostic tests and therapeutic interventions now being used in clinical trials and practice. Incorporating cutting-edge advances and the newest research, the book provides thorough descriptions of everything from molecular abnormalities in common cancers to new approaches for cancer therapy. Features sweeping updates throughout, including molecular targets for the development of anti-cancer drugs, gene therapy, and vaccines...keeping you on the cutting edge of your specialty. Offers a new, more user-friendly full-color format so the information that you need is easier to find. Presents abundant figures-all redrawn in full color-illustrating major concepts for easier comprehension. Features numerous descriptions of the latest clinical strategies-helping you to understand and take advantage of today's state-of-the-art biotechnology advances.

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## **WHAT HAPPENS WHEN A KID HAS CANCER**

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### **A BOOK ABOUT CHILDHOOD CANCER FOR KIDS**

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When a child is diagnosed with cancer, life flips upside-down. Suddenly, our days (and our thoughts) are dominated by doctors, nurses, child life specialists, and a million technical terms that will make anyone's head spin. Add extreme fear and anxiety to that, and you've got a recipe for the most stressful time in a family's life. What Happens When a Kid Has Cancer is a book written with purpose of relieving the anxiety and confusion that comes from a child's cancer diagnosis and treatment. What Happens When a Kid Has Cancer covers the main points of pediatric cancer - what it is and what the experience of treatment is like - and shows how it can change a kid's day. The book is great for ages 4 -10 and discusses:- The science of cancer- Changes to routines- Surgery and anesthesia - Chemotherapy- Hair loss and hair changes- Port, central line, and tubies- Hospital stays- Radiation- Scans and blood draws- Emotions relating to cancer Over the course of a year and with the help of both experts and families who have been through pediatric cancer, author and illustrator Sara Olsher explains the science of cancer (in an age-appropriate, totally non-scary way) and uses an illustrated calendar to show how various treatments affect a child's day-to-day. This method of teaching is based on decades of solid science about how kids learn and cope with the major day-to-day changes that result from issues like cancer. By creating a routine that kids can see and understand, parents can restore a sense of safety and predictability in their kids' lives, helping them to be more resilient in the face of life's inevitable challenges. What Happens When a Kid Has Cancer? helps families that want to reduce their kids' anxiety surrounding a very scary diagnosis. It aims to empower kids with knowledge, which is proven to help kids through traumatic situations.

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## **COPING WITH CANCER**

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### **DBT SKILLS TO MANAGE YOUR EMOTIONS--AND BALANCE UNCERTAINTY WITH HOPE**

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Guilford Publications "A cancer diagnosis can lead to what feel like impossible questions: How can a person face the fear, sadness, and anger without being paralyzed by them? Is it possible to hold on to hope without being in denial? What is the best way to get needed support? This compassionate book presents dialectical behavior therapy (DBT), a proven psychological intervention that Marsha M. Linehan developed specifically for the impossible situations of life--and which she and Elizabeth Cohn Stuntz now apply to the unique challenges of cancer for the first time. Readers learn powerful skills for making difficult treatment decisions, managing overwhelming emotions, speaking up for their needs, tolerating distress, and living meaningfully, even during the darkest days. Every chapter blends professional expertise, personal stories, and the collective wisdom of other cancer patients and survivors"--

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## **THE NEW GENERATION BREAST CANCER BOOK**

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### **HOW TO NAVIGATE YOUR DIAGNOSIS AND TREATMENT OPTIONS-AND REMAIN OPTIMISTIC-IN AN AGE OF INFORMATION OVERLOAD**

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Ballantine Books From an expert in the field comes the definitive guide to managing breast cancer in the information age—a comprehensive resource for diagnosis, treatment, and peace of mind. The breast cancer cure rate is at an all-time high, and so is the information, to say nothing of the misinformation, available to patients and their families. Online searches can lead to unreliable sources, leaving even the most resilient patient feeling uneasy and uncertain about her diagnosis, treatment options, doctors, side effects, and recovery. Adding to a patient's anxiety is input from well-meaning friends and family, with stories, worries, and opinions to share, sometimes without knowing the details of her particular case, when in reality breast cancer treatment has gone well beyond a "one size fits all" approach. Elisa Port, MD, FACS, chief of breast surgery at The Mount Sinai Hospital and co-director of the Dubin Breast Center in Manhattan, offers an optimistic antidote to the ocean of Web data on screening, diagnosis, prognosis, and treatment. Inside you'll discover • the various scenarios when mammograms indicate the need for a biopsy • the questions to ask

about surgery, chemotherapy, radiation, and breast reconstruction • the important things to look for when deciding where to get care • the key to deciphering complicated pathology reports and avoiding confusion • the facts on genetic testing and the breast cancer genes: BRCA-1 and BRCA-2 • the best resources and advice for those supporting someone with breast cancer From innovations in breast cancer screening and evaluating results to post-treatment medications and living as a breast cancer survivor, Dr. Elisa Port describes every possible test and every type of doctor visit, providing a comprehensive, empathetic guide that every newly diagnosed woman (and her family) will want to have at her side. Praise for *The New Generation Breast Cancer Book* “One book you need . . . If you’re considering your options for treatment or know someone who is, this step-by-step guide, *The New Generation Breast Cancer Book*, is essential reading.”—*InStyle* “Elisa Port, M.D., is the doctor every patient deserves: brilliant and compassionate. Her book will be a sanity saver and, quite possibly, a life saver.”—Geraldyn Lucas, author of *Why I Wore Lipstick to My Mastectomy* “As up-to-date as one can get, with lots to offer people facing a cancer diagnosis or hoping to support someone with the disease.”—*Library Journal* (starred review) “*The New Generation Breast Cancer Book* helps you sort through all the information you’ve gathered, clarify the terminology, consider the options, and make the right decisions for your unique case.”—Edie Falco “A lifeline for many women in need of today’s most up-to-date choices for treatment . . . Everyone should read this book for themselves, their mothers, grandmothers, daughters, and friends.”—Kara DioGuardi, Grammy-nominated songwriter, music executive, and Arthouse Entertainment co-founder “The book is teeming with easy-to-understand medical explanations, tips, takeaways, and pro-and-con discussions of various courses of action. Port also includes two extremely useful appendices that respectively take on common myths and answer questions frequently asked by friends and family. This is a vital read that will empower men and women alike.”—*Publishers Weekly*

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### **THE CANCER CODE: A REVOLUTIONARY NEW UNDERSTANDING OF A MEDICAL MYSTERY**

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HarperCollins UK Our understanding of cancer is slowly undergoing a revolution, allowing for the development of more effective treatments. For the first time ever, the death rate from cancer is showing a steady decline ... but the ‘War on Cancer’ has hardly been won.

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### **THE LITTLE CANCER BOOK FOR PATIENTS**

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#### **WHAT YOU SHOULD KNOW**

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Radonc Helpline, LLC This book gives you the answers you need to the most common questions about cancer. Dr. Plants shares nearly 20 years of oncology experience in a book written specifically for patients and their families dealing with a diagnosis of cancer. Part I of "The Little Cancer Book for Patients" gives an excellent overview of cancer basics, including Who Are All These Doctors? What Is Cancer? DNA Mutations, Risks and Risk Factors. How Cancers Spread and Cancer Staging. What Tests Do I Need? How To Treat It? Tell Me About Surgery, Chemotherapy, Immunotherapy, and Radiation Therapy. Where Should I Get My Treatment? Research Trials and Second Opinions. Cancer Statistics: Sorting Through the Data, and much more... Part II of "The Little Cancer Book for Patients" dedicates a specific chapter to each of the most common types of cancer including Brain tumors, Breast Cancer, Gastrointestinal (GI) Cancer, Genitourinary (GU)/Prostate Cancer, Gynecological (female) Cancer, Head and Neck Cancer, Lung Cancer, Skin Cancer, and much more... You will learn from a cancer expert: the right questions to ask your doctor, what is cancer and how it spreads, the most common medical tests and imaging for cancer, what side effects can be expected based on which treatment you choose, details that help you understand how oncologists make treatment decisions and why, and when to seek a second opinion or participate in a research trial. "The Little Cancer Book For Patients" will answer your questions when you need it most!

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### **THE LITTLE BOOK OF SELF-CARE FOR AQUARIUS**

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#### **SIMPLE WAYS TO REFRESH AND RESTORE—ACCORDING TO THE STARS**

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Simon and Schuster Everything you need to know about self-care—especially for Aquarius! Take Time for You, Aquarius! It’s me time—powered by the zodiac! Welcome star-powered strength and cosmic relief into your life with *The Little Book of Self-Care for Aquarius*. While Aquarius may typically lead with the mind and not the heart, this book truly puts value in taking care of your whole self. Let the stars be your guide as you learn just how important astrology is to your self-care routine. Discover more about your sign and your ruling element, air, and then find the perfect set of self-care ideas and activities for you. From sipping cardamom coffee to listening to Mozart, you will find more than one hundred ways to heal your mind, body, and active spirit. It’s stellar self-care especially for you, Aquarius!

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### **TICKING OFF BREAST CANCER**

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#### **INFORMED DECISIONS**

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### **THE COMPLETE BOOK OF CANCER DIAGNOSIS, TREATMENT, AND RECOVERY**

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Amer Cancer Society Covers cancer causes and risks, screening and diagnostic tests, treatment strategies, and quality of life issues.

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### **HOW TO STARVE CANCER**

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"Jane McLelland was only 30 when she was diagnosed with cancer. A few years later it was stage 4 (or terminal) and

had spread to her lungs. Expected to live 12 weeks, she refused to believe there weren't any effective drugs or therapies. Her scientific training meant she was able to examine and digest hundreds of research papers she found in libraries, journals and online - and the conclusion she reached astonished her ... This is the story of how she took on her illness, changed her diet, educated herself, persuaded her oncologist and other doctors to prescribe her an unusual cocktail of commonly used drugs - some of which are already in many people's medicine cabinets - these made the difference between life and death ..."--Publisher description.

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### **WHEN SOMEONE YOU LOVE HAS CANCER**

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#### **A GUIDE TO HELP KIDS COPE**

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Open Road Media Few things affect a family's everyday life like the presence of an illness like cancer. Whether it's a grandparent, another family member, a teacher or neighbor or friend, children especially experience confusion, fear and misunderstanding. This book will help kids cope with the presence of cancer in their lives. Book includes 14 wonderful, full-color, full-page illustrations, and some 40 helpful pointers written expressly for children 4-12. A rare and excellent resource!

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### **FINDING THE CAN IN CANCER**

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A compelling handbook for cancer patients, their families, and friends. Four long-term survivors, with more than 70 years of collective experience dealing with cancer, have put together a guidebook to help others who face this illness. The authors combine personal stories and experiences with practical tips for coping with side effects, information on tests and procedures, emotional and spiritual encouragement, and advice on how to let others help during this difficult time. "This book is many things: a pragmatic and practical handbook on dealing with the details of cancer treatment; a book with helpful and inspirational vignettes; and most of all, a story of friends...each exemplifies a depth of resourcefulness and optimism that has sustained them through the roughest of times." P. Kelly Marcom, MD Director, Breast Medical Oncology and Hereditary Cancer Clinic Duke University Comprehensive Cancer Center

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### **THE CANCER WHISPERER**

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#### **HOW TO LET CANCER HEAL YOUR LIFE**

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Coronet 'I have cancer. Cancer does not have me.' Sophie Sabbage was diagnosed with late stage 'incurable' lung cancer in October 2014. She was 48 years old, happily married with a 4-year-old daughter. Since that day - when doctors told Sophie that her prognosis was poor - she has been on a remarkable journey of healing and transformation that has reshaped her vocation as well as changed her life for the better. The Cancer Whisperer chronicles Sophie's extraordinary relationship with cancer and the methods that she has used for dealing with fear, anger, denial and grief. The essence of 'cancer whispering' was born of Sophie's determination to take cancer off the battlefield and into the classroom. Instead of going to war with it, Sophie has chosen to listen to it, learn from it and choose her own response to it. Sophie offers a radically different way of relating to this disease both mentally and practically: she shares the research she has done, the treatments she has chosen, the diet she follows and the resources that she feels have made the biggest differences in the hope that they will help others cut through the mass of information out there. Sophie says: 'This book is for the cancer patient who wants to remain a dignified, empowered human being even when your doctors and diagnosis are scaring the hell out of you. It is also for the cancer patient who has a hunch that there is something for them to learn, gain or even be transformed by - if they just knew how to relate to this disease differently to the way most of society does. It is for the cancer patient, perhaps any patient.'

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### **WE SURVIVED BREAST CANCER**

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#### **THE HUSBAND'S VIEW**

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The author's experience revealed that there was little resource for a husband in coping with the emotional and physical rollercoaster that came with his wife's cancer. Writing this book, the author provides information such as how to best support your wife, deal with medical aspects, handle his emotions, navigate insurance and financial matters. Several resources and a glossary of cancer related terms is included to help the husband and wife.

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### **WINNING THE WAR ON CANCER**

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#### **THE EPIC JOURNEY TOWARDS A NATURAL CURE**

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Winning the War on Cancer: The Epic Journey Towards a Natural Cure reveals the visionary discoveries of a French scientist whose suppressed research led to improvements in the prevention and treatment of cancer ... naturally and without toxicity. --

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### **OPTIONS**

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#### **THE ALTERNATIVE CANCER THERAPY BOOK**

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Avery Describes and explains biologic, drug, immune, metabolic, herbal, energy, nutritional, and adjunctive treatments.

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## THE BREAKTHROUGH

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### IMMUNOTHERAPY AND THE RACE TO CURE CANCER

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Twelve Follow along as this New York Times bestselling author details the astonishing scientific discovery of the code to unleashing the human immune system to fight in this "captivating and heartbreaking" book (The Wall Street Journal). For decades, scientists have puzzled over one of medicine's most confounding mysteries: Why doesn't our immune system recognize and fight cancer the way it does other diseases, like the common cold? As it turns out, the answer to that question can be traced to a series of tricks that cancer has developed to turn off normal immune responses -- tricks that scientists have only recently discovered and learned to defeat. The result is what many are calling cancer's "penicillin moment," a revolutionary discovery in our understanding of cancer and how to beat it. In The Breakthrough, New York Times bestselling author of The Good Nurse Charles Graeber guides readers through the revolutionary scientific research bringing immunotherapy out of the realm of the miraculous and into the forefront of twenty-first-century medical science. As advances in the fields of cancer research and the human immune system continue to fuel a therapeutic arms race among biotech and pharmaceutical research centers around the world, the next step -- harnessing the wealth of new information to create modern and more effective patient therapies -- is unfolding at an unprecedented pace, rapidly redefining our relationship with this all-too-human disease.

Groundbreaking, riveting, and expertly told, The Breakthrough is the story of the game-changing scientific discoveries that unleash our natural ability to recognize and defeat cancer, as told through the experiences of the patients, physicians, and cancer immunotherapy researchers who are on the front lines. This is the incredible true story of the race to find a cure, a dispatch from the life-changing world of modern oncological science, and a brave new chapter in medical history.

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### EVERYONE'S GUIDE TO CANCER THERAPY

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Andrews McMeel Publishing Provides information on how cancer is diagnosed, treated, and managed day to day.

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### ENTERTAINING CANCER

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#### THE BUDDHIST WAY

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You're diagnosed with an aggressive cancer - what do you do? In this book, Devamitra - English actor and Buddhist teacher - takes us through his years of treatment, recovery and uncertainty. It is an entertaining read, full of humour, wit and fantastically funny dialogue. Devamitra describes the discomforts and indignities of being treated for prostate cancer, which include strangers taking an unsolicited interest in his erections. He also draws on the deep well of his Buddhist practice to work with his mind and meet fear, uncertainty and frailty with resolve. Through the ups and downs of cancer he sees beauty. He lives for what he can give. He is honest about what is really going on. If you or someone you know is facing or fearing a cancer diagnosis, this book will help light your way.

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### PROSTATE CANCER

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#### THE MISUNDERSTOOD MALE KILLER: PROSTATE CANCER

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Oldcastle Books Ltd Prostate cancer really is the little understood male killer. 1 in 8 UK males will be diagnosed with prostate cancer, more than 130 new cases are discovered each day and, on average, one man dies from the disease every 45 minutes. Despite these statistics, and the fact that there are getting on for half a million men living with, or in remission from, prostate cancer in the UK, the condition is rarely discussed publicly and most men ignore the warning signs. Graham Sharpe wants to help change that. Faced with a sudden and unexpected diagnosis, Graham managed - just - to overcome a desire to punch the medic charged with the task of telling him he had prostate cancer but who was keener to answer his mobile phone, and set about trying to catalogue what he went through en route to acquiring the condition and how he dealt with the grinding process of his treatment, despite having no idea of the ultimate outcome. Along the way he met and befriended many others undergoing the physical and mental stresses of treatment, emotional turmoil comparable with watching their favourite football team lose every game they play. In this intimate memoir charting his own personal experience of coming to terms with prostate cancer, Graham brings humour and a light touch to a serious subject. Combating the shortage of reading material written by anyone with direct personal experience of the disease, this book seeks to educate the ignorant, raise awareness of the risks and dispel myths - including the widely held belief that the name of the disease is in fact prostate cancer. Here's one man's personal truth about getting, having and possibly surviving prostate cancer... 'This disease can be deadly. Please encourage the men in your lives to be aware of their prostate, before it's too late...' - Lauren Clark, wife of former England Cricket Captain Bob Willis who died of prostate cancer 'It's no secret, I'm no good with words but I do know about being diagnosed with cancer and my advice is read this book. Congrats Graham, informative, interesting and most importantly good advice - don't ignore the signs!' - Bob Champion CBE (Bob Champion Cancer Trust)